



Church of St. Mary

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WHAT IS ADULT SPIRITUALITY?

Adult Spirituality is the longing of the soul for God. Like a flowing river, the soul is drawn toward the Eternal One, God. A life that stands still is stagnant, just as a river that has no outlet. From the scriptures, we find the desire of the soul for God:

“Like a flowing spring, so my soul longs for You, O my God.”
Psalm 63

“The greatest deception, and the deepest source of unhappiness, is the illusion of finding life by excluding God.”
Pope John Paul

“Our hearts are restless until they rest in Thee, O my God.”
St. Augustine

To be an adult spiritually is to live a spiritual life nourished at the Sunday Liturgy through hearing God’s Word, partaking of the Eucharist, and to live out in our lives what we believe and profess by our baptism into the Catholic Church. No matter what our walk of life or profession, there is always the on going challenge to update and better our skills; so it is for our spiritual lives. To live an adult spiritual life is to deepen one’s faith as an adult.

ADULT FAITH NEEDS

The RCIA (Rite of Christian Initiation of Adults) is a faith process for adults who are 18 years old or older. If you are in need of any of the following, and are interested in more information click on to Adult Spirituality:

1. A person is interested in the Catholic Church.
2. A person who belongs to another religious denomination and is considering joining the Catholic Church
3. Any person who has been baptized a Catholic, but has never been catechized
4. Any person who has not received the sacrament of Confirmation or Holy Eucharist

Contact Sr. Georgette for an appointment at (201)767-8247